

APRIL

SOUTH - 933 Pleasanton Rd.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>30</p> <p>Senior Fitness: Zumba 1:00 PM - 2:00 PM</p>	<p>31</p> <p>Senior Fitness: Tai Chi 10:15 AM - 11:15 AM</p> <p>Junk Charm Journal 2:00 PM - 4:00 PM</p>	<p>1</p> <p>Make Your Own Easter Basket 10:00 AM - 12:00 PM</p> <p>Easter Shirt Making 1:30 PM - 3:30 PM</p>	<p>2</p> <p>Senior Easter Egg Hunt 2:00 PM - 3:00 PM</p>	<p>3</p> <p>Senior Fitness: Chair Yoga 10:00 AM - 11:00 AM</p>
<p>6</p> <p>Senior Fitness: Zumba 1:00 PM - 2:00 PM</p>	<p>7</p> <p>Senior Fitness: Tai Chi 10:15 AM - 11:15 AM</p>	<p>8</p> <p>Bingo! 10:00 AM - 12:00 PM</p> <p>Wire Name Making 2:00 PM - 3:30 PM</p>	<p>9</p> <p>Planning with Purpose 9:00 AM - 12:00 PM</p>	<p>10</p> <p>Senior Fitness: Chair Yoga 10:00 AM - 11:00 AM</p>
<p>13</p> <p>Senior Fitness: Zumba 1:00 PM - 2:00 PM</p>	<p>14</p> <p>Senior Fitness: Tai Chi 10:15 AM - 11:15 AM</p> <p>Diamond Painting 2:00 PM - 3:30 PM</p>	<p>15</p> <p>DIY Safety Keychain 2:00 PM - 3:30 PM</p>	<p>16</p> <p>DIY Fiesta Shirts 10:00 AM - 12:00 PM</p> <p>DIY Fiesta Cap/Halos 2:00 PM - 3:30 PM</p>	<p>17</p> <p>Senior Fitness: Chair Yoga 10:00 AM - 11:00 AM</p>
<p>20</p> <p>Chronic Pain Support Group 10:00 AM - 11:30 AM</p> <p>Senior Fitness: Zumba 1:00 PM - 2:00 PM</p>	<p>21</p> <p>Senior Fitness: Tai Chi 10:15 AM - 11:15 AM</p> <p>National Tea Day Senior Social 1:00 PM - 2:00 PM</p>	<p>22</p> <p>Price is Right! 10:00 AM - 11:00 AM</p>	<p>23</p> <p>Loteria 10:00 AM - 12:00 PM</p>	<p>24</p> <p>Senior Fitness: Chair Yoga 10:00 AM - 11:00 AM</p>
<p>27</p> <p><i>Spanish Session!</i> Chronic Pain Support Group 10:00 AM - 11:30 AM</p> <p>Senior Fitness: Zumba 1:00 PM - 2:00 PM</p>	<p>28</p> <p>Senior Fitness: Tai Chi 10:15 AM - 11:15 AM</p>	<p>29</p> <p>Decoupage Vase Decorating 11:00 AM - 12:00 PM</p>	<p>30</p> <p>DIY Beeswax Rolling Candle 10:00 AM - 11:00 AM</p> <p>Girl Scout Cookie Giveaway 12:00 PM - <i>Till Supplies Last!</i></p>	<p>1</p> <p>Senior Fitness: Chair Yoga 10:00 AM - 11:00 AM</p>

ALL EVENTS ARE FREE

& OPEN TO SENIORS OVER 62

Gonzaba Event Center - South
933 Pleasanton Rd.
San Antonio, TX 78223



EVENT DETAILS

Senior Fitness Loyalty Program!

Attend fitness classes to redeem your loyalty card!

APRIL 8

Bingo!

Join us for a fun game of Bingo! Enjoy prizes for winners and light refreshments.

APRIL 16

DIY Fiesta Shirts

Join us to make your very own fiesta t-shirt! All craft materials and light refreshments provided.

APRIL 20 & 27

Chronic Pain Support Group

A supportive group for individuals living with chronic pain, focused on strategies that go beyond medication. Participants learn practical tools to improve function, build self-awareness, and enhance quality of life through education, gentle movement, and shared experience.

APRIL 30

Girl Scout Cookie Giveaway

Join us for a walk-up Girl Scout Cookie giveaway, while supplies last!



Questions? Call 210-780-3147