


JULY

NORTH - 6485 Blanco Rd.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 CLOSED	30 Senior Fitness: Zumba 10:00 AM - 11:00 AM Senior Fitness: Tai Chi 1:00 PM - 2:00 PM	1 4th of July Senior Social 1:00 PM - 3:30PM 	2 4th of July Bingo 10:00 AM - 12:00 PM Senior Fitness: Chair Yoga 1:00 PM - 2:00 PM	3 CLOSED
6 Make Your Own Body Scrub 10:00 AM - 11:30 AM 	7 Senior Fitness: Zumba 10:00 AM - 11:00 AM Senior Fitness: Tai Chi 1:00 PM - 2:00 PM	8 Coffee & Bagels Senior Social 10:00 AM - 11:30 AM Wine Glass Painting 1:00 PM - 2:30 PM 	9 Bunco! 10:00 AM - 11:30 AM Senior Fitness: Chair Yoga 1:00 PM - 2:00 PM 	10 Senior Fitness: Zumba 10:00 AM - 11:00 AM Senior Fitness: Stretch & Balance 11:30 AM - 12:30 PM
13 Roll a Dice, Win a Prize! 10:00 AM - 11:30 AM 	14 Senior Fitness: Zumba 10:00 AM - 11:00 AM 	15 Resin Craft Day 10:00 AM - 11:30 AM Price is Right 2:00 PM - 3:30 PM 	16 Senior Fitness: Chair Yoga 1:00 PM - 2:00 PM	17 Senior Fitness: Zumba 10:00 AM - 11:00 AM Senior Fitness: Stretch & Balance 11:30 AM - 12:30 PM
20 Trivia Day 10:00 AM - 11:30 AM 	21 Senior Fitness: Zumba 10:00 AM - 11:00 AM Ice Cream Movie Day 1:00 PM - 3:00 PM 	22 Magnet Painting 2:00 PM - 4:00 PM 	23 Senior Fitness: Chair Yoga 1:00 PM - 2:00 PM	24 Senior Fitness: Zumba 10:00 AM - 11:00 AM Senior Fitness: Stretch & Balance 11:30 AM - 12:30 PM
27 Mini Market 9:00 AM - While Supplies Last 	28 Senior Fitness: Zumba 10:00 AM - 11:00 AM Senior Fitness: Tai Chi 1:00 PM - 2:00 PM	29 Mosaic Art 2:00 PM - 4:00 PM 	30 Senior Fitness: Chair Yoga 1:00 PM - 2:00 PM 	31 Senior Fitness: Zumba 10:00 AM - 11:00 AM Senior Fitness: Stretch & Balance 11:30 AM - 12:30 PM

**ALL EVENTS ARE
FREE**

& OPEN TO SENIORS OVER 62

Gonzaba Event Center - North Central

6485 Blanco Rd.
San Antonio, TX 78216



EVENT DETAILS

Senior Fitness Loyalty Program!

Attend fitness classes to redeem your loyalty card!

**JULY
1**

4th of July Senior Social

Join us for a fun senior social with hot dogs, nachos, games, and raffle prizes! Bring a friend or come and meet new seniors.

**JULY
9**

Bunco

Join us for a fun game of Bunco! No experience required- just bring smiles and a positive attitude! Winner prizes and refreshments provided.

**JULY
21**

Ice Cream Movie Day

Join us for an Ice Cream Movie Day! Seniors may vote on their movie choice throughout the month.

**JULY
27**

Mini Market

Join us for a walk-up produce giveaway while supplies last! Must be present to claim.

Questions? Call 210-780-3147