

MARCH

SOUTH - 933 Pleasanton Rd.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Senior Fitness: Zumba 1:00 PM - 2:00 PM	3 Senior Fitness: Tai Chi 10:15 AM - 11:15 AM DIY Zen Garden 2:00 PM - 3:30 PM 	4 BINGO 10:00 AM - 12:00 PM DIY Picture Frame 2:00 PM - 3:30 PM 	5 Cooking Class 10:00 AM - 12:00 PM Tissue Paper Texture Art 2:00 PM - 4:00 PM 	6 Rummage Sale 10:00 AM - 3:00 PM 
9 Senior Fitness: Zumba 1:00 PM - 2:00 PM 	10 Senior Fitness: Tai Chi 10:15 AM - 11:15 AM	11 Dedazzle Hair Combs 2:00 PM - 3:30 PM 	12 DIY Mini Family Museum 2:00 PM - 4:00 PM 	13 CLOSED
16 Chronic Pain Support Group 10:00 AM - 11:30 AM  Senior Fitness: Zumba 1:00 PM - 2:00 PM	17 Senior Fitness: Tai Chi 10:15 AM - 11:15 AM St. Patrick's Day Senior Social 2:00 PM - 3:00 PM 	18 Price is Right 10:00 AM - 11:30 AM True or False Game 2:00 PM - 3:30 PM	19 Loteria 10:00 AM - 12:00 PM Painting Jenga 2:00 PM - 4:00 PM 	20 Senior Fitness: Chair Yoga 10:00 AM - 11:00 AM 
23 Chronic Pain Support Group 10:00 AM - 11:30 AM  Senior Fitness: Zumba 1:00 PM - 2:00 PM	24 Senior Fitness: Tai Chi 10:15 AM - 11:15 AM Wine Glass Painting 2:00 PM - 3:30 PM 	25 Air Dried Clay Sculpting 2:00 PM - 3:30 PM 	26 DIY Trinket Mirror 10:00 AM - 12:00 PM 	27 Senior Fitness: Chair Yoga 10:00 AM - 11:00 AM
30 Senior Fitness: Zumba 1:00 PM - 2:00 PM 	31 Senior Fitness: Tai Chi 10:15 AM - 11:15 AM Junk Charm Journal 2:00 PM - 4:00 PM 	1	2	3

ALL EVENTS ARE FREE
& OPEN TO SENIORS OVER 62

Gonzaba Event Center - South
 933 Pleasanton Rd.
 San Antonio, TX 78223



EVENT DETAILS

Senior Fitness Loyalty Program!

Attend fitness classes to redeem your loyalty card!

MAR 4

BINGO!

Will you be a lucky winner? Join us for an exciting game of BINGO! Winner prizes and refreshments will be available.

MAR 6

Rummage Sale

Bring your cash and your friends to shop and support local senior entrepreneurs!

MAR 16 & 23

Chronic Pain Support Group

A supportive group for individuals living with chronic pain, focused on strategies that go beyond medication. Participants learn practical tools to improve function, build self-awareness, and enhance quality of life through education, gentle movement, and shared experience.

MAR 18

Price is Right!

Put your shopping skills to the test and join us for a fun game of The Price is Right! Winner prizes and refreshments will be available.

MAR 19

Loteria

Don't miss out! Join us to play Loteria! Winner prizes and refreshments will be available.

Questions? Call 210-780-3147