

MAY

NORTH - 6485 Blanco Rd.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27 Mini Market 9:00 AM - While Supplies Last	28 Senior Fitness: Zumba 10:00 AM - 11:00 AM Senior Fitness: Tai Chi 1:00 PM - 2:00 PM	29 Loteria! 10:00 AM - 12:00 PM	30 Price is Right! 10:00 AM - 11:30 AM Senior Fitness: Chair Yoga 1:00 PM - 2:00 PM	1 Senior Fitness: Zumba 10:00 AM - 11:00 AM Senior Fitness: Stretch & Balance 11:30 AM - 12:30 PM Bingo! 1:00 PM - 3:00 PM
4 Bunco! 10:00 AM - 11:30 AM	5 Senior Fitness: Zumba 10:00 AM - 11:00 AM Senior Fitness: Tai Chi 1:00 PM - 2:00 PM	6 Mugs & Muffins 10:00 AM - 11:30 AM Price is Right! 1:00 PM - 2:30 PM	7 Mother's Day Brunch (RSVP ONLY!) 10:00 AM - 11:30 AM Senior Fitness: Chair Yoga 1:00 PM - 2:00 PM	8 Senior Fitness: Zumba 10:00 AM - 11:00 AM Senior Fitness: Stretch & Balance 11:30 AM - 12:30 PM Ice Cream Senior Social 1:30 PM - 3:00 PM
11 Garden Rock Painting 10:00 AM - 12:00 PM	12 Senior Fitness: Zumba 10:00 AM - 11:00 AM Senior Fitness: Tai Chi 1:00 PM - 2:00 PM	13 Roll a Dice, Win a Prize! 10:00 AM - 12:00 PM Decorate Your Own Hairbrush 2:00 PM - 3:30 PM	14 Diamond Painting 10:00 AM - 12:00 PM Senior Fitness: Chair Yoga 1:00 PM - 2:00 PM	15 Senior Fitness: Zumba 10:00 AM - 11:00 AM Senior Fitness: Stretch & Balance 11:30 AM - 12:30 PM
18 Mini Market 9:00 AM - While Supplies Last	19 Senior Fitness: Zumba 10:00 AM - 11:00 AM Senior Fitness: Tai Chi 1:00 PM - 2:00 PM	20 Senior Fitness: Chair Yoga 1:00 PM - 2:00 PM	21 GONZABA MEDICAL GROUP ROCK N ROLL SOCKHOP 10:00 AM - 2:00 PM Doors Open at 9 AM! FREEMAN COLLISEUM - EXPO HALL A 3201 E. HOUSTON ST.	22 Senior Fitness: Zumba 10:00 AM - 11:00 AM Senior Fitness: Stretch & Balance 11:30 AM - 12:30 PM
25 CLOSED MEMORIAL DAY	26 Senior Fitness: Zumba 10:00 AM - 11:00 AM Senior Fitness: Tai Chi 1:00 PM - 2:00 PM	27 Tie Dye 1:00 PM - 3:00 PM	28 Loteria! 10:00 AM - 12:00 PM Senior Fitness: Chair Yoga 1:00 PM - 2:00 PM	29 Senior Fitness: Zumba 10:00 AM - 11:00 AM Senior Fitness: Stretch & Balance 11:30 AM - 12:30 PM Summer Painting 1:00 PM - 2:30 PM

ALL EVENTS ARE
FREE

& OPEN TO SENIORS OVER 62

Gonzaba Event Center - North Central
6485 Blanco Rd.
San Antonio, TX 78216



GONZABA
MEDICAL GROUP

EVENT DETAILS

Senior Fitness Loyalty Program!

Attend fitness classes to redeem your loyalty card!

MAY
7

Mother's Day Brunch

Join us for a Mother's Day Brunch! Must RSVP to Lauren (210) 727-8314 to attend due to limited seating.

MAY
8

Ice Cream Senior Social

Join us for a fun summer social with board games and ice cream sundaes! All refreshments and raffles provided.

MAY
13

Roll a Dice, Win a Prize

Come play a fun game for your chance to win a prize! Refreshments provided.

MAY
18

Mini Market

Join us for a walk-up produce giveaway while supplies last! Must be present to claim.

MAY
21

Rock N' Roll Sockhop!

Break out your poodle skirts and dancing shoes! Join us for live music, free food, parking, and door prizes! Bring a friend! Note: Attendees must be 62 or older.

Questions? Call 210-780-3147