

2026
OCTOBER

NORTH - 6485 Blanco Rd.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29 Senior Fitness: Zumba 10:00 AM - 11:00 AM Senior Fitness: Tai Chi 1:00 PM - 2:00 PM	30	1 The Price is Right! 10:00 AM - 11:30 AM Senior Fitness: Chair Yoga 1:00 PM - 2:00 PM	2 Senior Fitness: Zumba 10:00 AM - 11:00 AM Senior Fitness: Stretch & Balance 11:30 AM - 12:30 PM Spooky Wooden Painting 2:00 PM - 4:00 PM
5 Pumpkin Decoupage 10:00 AM - 11:30 AM 	6 Senior Fitness: Zumba 10:00 AM - 11:00 AM Senior Fitness: Tai Chi 1:00 PM - 2:00 PM	7 Halloween Diamond Painting 10:00 AM - 12:00 PM Halloween T-Shirt Making 2:00 PM - 3:30 PM 	8 Coffee & Conchas Senior Social 10:00AM - 11:30 AM Senior Fitness: Chair Yoga 1:00 PM - 2:00 PM	9 Senior Fitness: Zumba 10:00 AM - 11:00 AM Senior Fitness: Stretch & Balance 11:30 AM - 12:30 PM
12 Roll a Dice, Win a Prize! 10:00 AM - 11:30 AM 	13 Senior Fitness: Zumba 10:00 AM - 11:00 AM Senior Fitness: Tai Chi 1:00 PM - 2:00 PM	14 Halloween Loteria 10:00 AM - 12:00 PM Pumpkin Painting 2:00 PM - 3:30 PM 	15 Bunco! 10:00 AM - 11:30 AM Senior Fitness: Chair Yoga 1:00 PM - 2:00 PM	16 Senior Fitness: Zumba 10:00 AM - 11:00 AM Senior Fitness: Stretch & Balance 11:30 AM - 12:30 PM
19 Spooky Candle Painting 10:00 AM - 11:30 AM 	20 Senior Fitness: Zumba 10:00 AM - 11:00 AM Senior Fitness: Tai Chi 1:00 PM - 2:00 PM	21 Halloween Movie Day 1:00 PM - 3:00 PM 	22 Senior Fitness: Chair Yoga 1:00 PM - 2:00 PM 	23 Senior Fitness: Zumba 10:00 AM - 11:00 AM Senior Fitness: Stretch & Balance 11:30 AM - 12:30 PM Spooky Dipped Treat Making 2:00 PM - 3:30 PM
26 Produce Bingo 10:00 AM - 12:00 PM 	27 Senior Fitness: Zumba 10:00 AM - 11:00 AM Senior Fitness: Tai Chi 1:00 PM - 2:00 PM	28 CLOSED	29  Freeman Colliseum, Expo Hall A 3201 E Houston St. Door Open at 9:00 AM!	30 Senior Fitness: Zumba 10:00 AM - 11:00 AM Senior Fitness: Stretch & Balance 11:30 AM - 12:30 PM

ALL EVENTS ARE
FREE
& OPEN TO SENIORS OVER 62

Gonzaba Event Center - North Central
6485 Blanco Rd.
San Antonio, TX 78216



GONZABATM
MEDICAL GROUP

EVENT DETAILS

Senior Fitness Loyalty Program!

Attend fitness classes to redeem your loyalty card!

OCT
8

Coffee & Conchas

Treat yourself to some coffee and sweet bread, and join us for a fun senior social! Games and raffles will be available for your enjoyment. See you there!

OCT
21

Halloween Movie Day

Vote throughout the month at the event center for the Halloween movie you want to watch! Spooky snacks, popcorn, and a nacho bar will be provided.

OCT
23

Spooky Dipped Treat Making

Join us to make Halloween-themed chocolate-dipped pretzels and other treats! All materials provided.

OCT
26

Produce Bingo

Join us for a bingo for your chance to win a bag of fresh fruits and veggies! Limited spots available on a first-come, first-served basis.

OCT
29

BOOFEST!

Bring a friend and join us for our annual senior Halloween Dance! We will have live music, free food, prize raffles, photo booths, and a Halloween costume contest!

Questions? Call 210-780-3147