

2026
SEPTEMBER

SOUTH - 933 Pleasanton Rd.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 Senior Fitness: Zumba 1:00 PM - 2:00 PM 	1 Senior Fitness: Tai Chi 10:15 AM - 11:15 AM Fall Drawstring Bag Decorating 1:00 PM - 2:30 PM	2 DIY Halloween Canvas Bag 10:00 AM - 12:00 PM 	3 DIY Canvas Diamond Painting (Halloween) 10:00 AM - 12:00 PM 	4 Senior Rummage Sale 10:00 AM - 2:00 PM  <i>Please bring CASH!</i>
7 CLOSED 	8 Senior Fitness: Tai Chi 10:15 AM - 11:15 AM Halloween T-Shirt Making 1:00 PM - 4:00 PM 	9 Bingo! 10:00 AM - 12:00 PM NFL Kickoff Senior Social 2:00 PM - 3:00 PM 	10 DIY Decorating Cutting Board 10:00 AM - 12:00 PM 	11 Senior Fitness: Chair Yoga 10:00 AM - 11:00 AM 
14 Senior Fitness: Zumba 1:00 PM - 2:00 PM	15 Senior Fitness: Tai Chi 10:15 AM - 11:15 AM Bedazzle Your Own Halloween Tumbler 2:00 PM - 4:00 PM 	16 Price is Right! 10:00 AM - 11:00 AM DIY NFL Jersey Box 2:00 PM - 4:00 PM 	17 Cooking Class! 10:00 AM - 11:00 AM Loteria 2:00 PM - 3:30 PM 	18 Senior Fitness: Chair Yoga 10:00 AM - 11:00 AM
21 Chronic Pain Support Group <i>English Session</i> 10:00 AM - 11:30 AM  Senior Fitness: Zumba 1:00 PM - 2:00 PM	22 Senior Fitness: Tai Chi 10:15 AM - 11:15 AM Roll a Dice, Win a Prize 1:00 PM - Till Game is Over 	23 CLOSED	24 CLOSED	25 Senior Fitness: Chair Yoga 10:00 AM - 11:00 AM 
28 Grupo de Apoyo para el Dolor Cronico <i>Sesión en español</i> 10:00 AM - 11:30 AM  Senior Fitness: Zumba 1:00 PM - 2:00 PM	29 Senior Fitness: Tai Chi 10:15 AM - 11:15 AM	30 Mini Market 10:00 AM - Till Supplies Last Halloween Freshie Decorating 2:00 PM - 4:00 PM 	1 2 <i>All Events have Limited Quantities</i> 	

ALL EVENTS ARE
FREE
& OPEN TO SENIORS OVER 62

Gonzaba Event Center - South
933 Pleasanton Rd.
San Antonio, TX 78214



GONZABATM
MEDICAL GROUP

EVENT DETAILS

Senior Fitness Loyalty Program!

Attend fitness classes to redeem your loyalty card!

SEPT
4

Senior Rummage Sale

Come treasure hunting and support local senior entrepreneurs. *Please bring cash!*

SEPT
9

Senior Bingo!

We are playing bingo! Join us for a fun game and great company. Refreshments and prizes for the winners will be available.

SEPT
22

Roll a Dice, Win a Prize

Test your luck! Join us for a fun dice game with refreshments and prizes available for winners.

SEPT
30

Mini Market

Join us for a walk-up produce giveaway while supplies last! Must be present to claim.

Questions? Call 210-780-3147