

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1 Senior Fitness: Zumba 11:00 AM - 12:00 PM	2 Mosaic Art Coasters 10:00 AM - 11:30 AM	3 Senior Fitness: Zumba 1:30 PM - 2:30 PM	4 The Price is Right! 11:00 AM - 12:30 PM
7 CLOSED	8 Senior Fitness: Zumba 11:00 AM - 12:00 PM Laundry Supply Bingo! 2:00 PM - 3:30 PM	9 Care & Conversations 9:00 AM - 10:30 AM Diamond Painting Picture Frames 12:00 PM - 1:30 PM	10 Care & Conversations 9:00 AM - 10:30 AM Senior Fitness: Zumba 1:30 PM - 2:30 PM	11 Produce Mini Market 10 AM - While Supplies Last Wheel of Fortune 1:30 PM - 3:00 PM
14 Charm Bracelet Making 10:30 AM - 12:00 PM	15 Senior Fitness: Zumba 11:00 AM - 12:00 PM	16 Mexican Independence Day Breakfast Social 9:30 AM - 11:00 AM Mexican Independence Day Bingo 1:30 PM - 3:30 PM	17 Senior Fitness: Zumba 1:30 PM - 2:30 PM	18 Fall T-Shirt Making Day 11:00 AM - 12:30 PM
21 Diamond Painting Day 10:00 AM - 12:00 PM	22 Senior Fitness: Zumba 11:00 AM - 12:00 PM 1 st Day of Fall Wreath Making 1:30 PM - 3:30 PM	23 Roll a Dice, Win a Prize! 1:00 PM - 3:00 PM	24 Fall Painting Day 10:00 AM - 12:00 PM Senior Fitness: Zumba 1:30 PM - 2:30 PM	25 CLOSED
28 Fall Decoupage Craft Day 10:30 AM - 12:00 PM	29 CLOSED	30 Bingo! 10:00 AM - 12:00 PM	1	2

ALL EVENTS ARE

FREE

& OPEN TO SENIORS OVER 62

Gonzaba Event Center - Southeast

1130 Goliad Rd.

San Antonio, TX 78223



GONZABATM

MEDICAL GROUP

EVENT DETAILS

Senior Fitness Loyalty Program!

Attend fitness classes to redeem your loyalty card!

SEPT

9 & 10

Care & Conversation

Join Gonzaba's Dr. Jose Venegas in discussing the importance of Kidney Health Evaluations & Healthy Aging Awareness Month. Refreshments provided. Raffles to follow the presentation.

SEPT

11

Produce Mini Market

Join us for a walk-up produce giveaway while supplies last! Must be present to claim.

SEPT

16

Mexican Independence Day Social

Celebrate Mexican Independence Day and enjoy some breakfast at our Mexican Independence Day Social! Raffle prizes available.

SEPT

22

1st Day of Fall Wreath Making

Ring in the first day of fall with a fun wreath-making craft! Snacks provided